

Zestra

Zestra is a natural vaginal cream. It contains several ingredients that improve sex drive in women.

- Hormone-free and paraben-free.
- Topically-applied.
- Works within 5 minutes, peaks at 10 minutes AND lasts up to 45 minutes.
- Comes in convenient, single-dose personal packettes.
- Has no known drug interactions.
- Is made of botanical ingredients and is harmless if ingested.

You can read more about how to use it, and the different solutions available, at:

www.zestra.com

—Chris Aiken, MD, updated 7/28/2025

