

Arginmax

Arginmax is a supplement that has small studies showing benefits for sexual health in men and women. It contains several ingredients and has slightly different forms for men and women.

From the company web site:

ArginMax Works in 4 Important Ways

- ① **ArginMax** provides the amino acid, L-Arginine, as the building block for the production of Nitric Oxide.
- ② **ArginMax** provides extracts of the natural botanicals, American and Korean ginseng, which enhance the conversion of L-Arginine into Nitric Oxide by Nitric Oxide Synthase.
- ③ **ArginMax** provides the natural herb, Ginkgo Biloba, to promote overall microvascular circulation.
- ④ 13 essential vitamins and minerals promote general sexual and reproductive wellness. The net effect is an increase in efficiency of the N.O. pathway and an increase in Nitric Oxide production, which leads to enhanced circulation and arousal.

Arousal Process

- Ⓐ The body naturally produces Nitric Oxide (N.O.), a potent signal molecule for circulation. Nitric Oxide is made from the amino acid, L-Arginine, by the converting enzyme Nitric Oxide Synthase (N.O.S.). However, Nitric Oxide has a very short life and its effects are controlled by the enzyme PDE-5.
- Ⓑ Nitric Oxide relaxes smooth muscles and widens blood vessels leading to enhanced circulation.
- Ⓒ Engorgement results from increased blood flow to the sexual organs.

Read more at:

<http://www.arginmax.com>

—Chris Aiken, M.D., updated 2/6/2017