



Psych Partners

# Sabbatical

a period of rest from work, from the Hebrew *shabbat*

UPDATED  
JANUARY 2025



## What it is

It's not easy to unplug from clinical work so we've designated a time for that. The sabbatical is a period of extended leave to learn, reflect, and reignite the passion that brought you here. We'll cover your clients. There are no stipulations on what you do with this time.

## How it Works

After four years of work you are eligible to take up to six weeks of sabbatical. The first three weeks are paid at the rate of your usual compensation. If your usual pay varies, we'll base it on an average over a period before your leave. Once accrued, you can apply for the sabbatical anytime.

Allow three months notice, and avoid taking it during our busiest months in the fall (from Labor Day to the Friday before Thanksgiving).

