

Handcrafted Mental Health

Benefits



Benefit: A kind deed, from Old French bienfet

UPDATED
OCTOBER 2024



Handcrafted

MENTAL HEALTH



Health Insurance

We cover 100% of health insurance premiums for full time employees (30+ hr/wk). You can add vision and dental plans with tax-deductible funds.



Holiday

> 10 federal holidays per year
> Additional paid leave increases with tenure (starts 2 weeks/yr; then 3 weeks after 2 years; 4 weeks after 5 years).



YMCA Membership

Employees receive a discount on YMCA membership, which gains them access to all YMCAs throughout North Carolina.



License and Education

We cover your costs of practicing, including licensure, malpractice insurance, and a complimentary *Carlat Psychiatry Report* subscription.



Teach and Learn

At least one hour each week is set aside for consultation and educational groups.



Administrative Pay

Full time employees receive an hour of paid time each week to cover incidental tasks that come along with the job.



Sabbatical

Reignite your passion with an extended sabbatical after four years of work. We pay for three weeks of the sabbatical and you can take longer leave if desired.