

## Optimal Dose Ranges for Major Depression

Antidepressant	Optimal dose (mg/d)*	FDA Max in MDD
Citalopram	20-40	60
Escitalopram	10-20	20
Fluoxetine	20-40	80
Fluvoxamine	100-150	n/a
Paroxetine	20-30	50
Sertraline	50-100	200
Duloxetine	40-60	120
Desvenlafaxine	50-200	400
Venlafaxine	75-150	225
Bupropion	150-300	450
Mirtazapine	15-30	45
Nefazodone*	300-600	600
Trazodone*	150-300	600
Vilazodone	10-20	20
Vortioxetine	20-40	40

Optimal doses are derived from dose-response curves from fixed-dose studies; that data is not available for nefazodone and trazodone (Furukawa TA et al, Lancet Psychiatry 2019;6(7):601–609; Hamza T et al, Stat Methods Med Res 2024, 33(8):1461-1472)